



235 Calef Hwy. | Epping, NH 03042 | P: 603-679-8225 | F: 603-679-8936

APPETIZERS

3-Way Sampler

Potato Skins, Mozzarella Sticks and Buffalo Wings.
Served with dipping sauces - 9.99



Deluxe 3-Way Sampler

Asian Dumplings, Coconut Shrimp and Jalapeño Poppers.
Served with dipping sauces - 10.99

Sautéed Mussels

Tender black mussels, sautéed in olive oil with garlic herbs and white wine. Served with grilled flatbread - 9.99

Deep Fried Chicken Tenders

Fresh cut chicken tenders served with sweet & sour sauce - 7.50

Mozzarella Sticks

Lightly breaded and fried to perfection.
Served with marinara sauce - 7.75

Buffalo Wings

Crispy chicken wings tossed in a Louisiana Hot Sauce.
Served with celery sticks and bleu cheese dressing - 6.99



Asian Dumplings

Asian spiced dumplings filled with pork then steam grilled.
Served with sweet and hot ginger sauce - 6.99

Buffalo Tenders

Boneless chicken tenders hand battered then tossed in Louisiana Hot Sauce. Served with celery sticks and bleu cheese dressing - 8.50

Jalapeño Poppers

Deep fried jalapeños stuffed with cream cheese.
Served with ranch dressing - 7.75

TELLY'S SOUTH OF THE BORDER NACHOS GRANDE

Crisp tortilla chips loaded with olives, jalapeños, diced tomatoes and Chili Beef topped with melted pepperjack cheese. Served with salsa and sour cream - 8.99 Substitute Chicken - 1.00



Telly's Loaded Cheese Fries

Our famous fries topped with melted pepperjack cheese, chopped bacon and sour cream.
Served with ranch dressing - 8.99

Old Fashion Onion Rings

Our thick cut onion rings are breaded and deep fried to a golden brown - 4.59

Traditional Potato Skins

Crispy potato skins loaded with bacon and cheddar cheese. Served with sour cream - 7.99

Spinach & Artichoke Dip

Spinach, artichokes and melted cheeses.
Served with unlimited crispy tortilla chips - 7.99



Calypso Coconut Shrimp

Jumbo shrimp encrusted with shredded coconut and deep fried to a golden brown. Served with sweet and hot ginger sauce - 9.99

SALADS

Crispy Chicken Salad

Chopped breaded chicken tenders, tomatoes, shredded cheese, scallions and red peppers over mixed greens. Served with our own honey vinaigrette dressing - 9.95

GRILLED CHICKEN, APPLE & CRANBERRY SALAD

Slices of flame broiled marinated chicken over baby greens then finished with sliced fresh apples, cranberries, glazed walnuts and crumbled bleu cheese. Served with low fat cilantro lime vinaigrette dressing - 9.99

Grilled Chicken Salad

Slices of flame broiled marinated chicken on top of a mixture of crisp lettuce with cherry tomatoes, cucumber and green peppers - 9.99
Add Feta - .50

Cobb Salad

Diced chicken, chopped bacon, crumbled blue cheese, avocado, tomatoes and black olives over mixed greens. Served with your choice of dressing - 9.95



Marinated Steak Salad

Marinated steak on top of a mixture of crisp lettuce with cherry tomatoes, cucumber and green peppers - 10.99 Add Feta - .50

Caesar Salad

Crisp romaine lettuce tossed with homemade croutons and Telly's own caesar dressing. Topped with romano cheese - 5.99
Add Chicken - 2.50 Add Steak - 4.25



Tortilla with Warm Goat Cheese Salad

Warmed goat cheese and corn tortilla strips on top of baby greens tossed with apples, roasted red pepper and glazed walnuts with a Caribbean mango vinaigrette dressing - 9.99

Taco Salad

Served in a large cooked flour tortilla with lettuce, black olives, tomatoes, pepperjack cheese and your choice of Grilled Chicken or Chili Beef. Served with salsa and sour cream - 8.99



Greek Salad

Feta cheese, kalamata olives, cherry tomatoes, cucumbers and green peppers on top of a mixture of romaine and iceberg lettuce with our own house dressing - 6.99

SOUPS



Telly's Chowder of the Day

Chef's Soup of the Day

French Onion Soup

Texas Chili

Soup & Salad

Garden or Caesar salad accompanied Chef's Soup - 5.99

Side House Salad - 2.95

Side Caesar Salad - 3.50

All soups and salads come with grilled flat bread.

Dressings:

House, Creamy Italian, Lite Italian, Low Fat Cilantro Lime Vinaigrette, Parmesan Peppercorn, Low Fat Caribbean Mango Vinaigrette, Bleu Cheese, Poppy Seed and Buttermilk Ranch.



House Specialties

ITALIAN SPECIALTIES

Add your choice of a cup of our Homemade Chef's Soup or a Side Caesar or House Salad for 1.99

Seafood Primavera

Fettuccine, baby shrimp, scallops and fresh vegetables sautéed with garlic in a rich cream sauce - 17.99

SAUTÉED SALMON, ROASTED RED PEPPER AND SPINACH

Salmon sautéed with spinach and red peppers in a lobster butter cream sauce. Served over goat cheese ravioli - 17.99

Fettuccine Alfredo

Fettuccine, garlic, parsley and parmesan cheese brought together in a rich cream sauce - 11.99
Add Chicken - 2.50 Add Shrimp - 3.50

Lobster Ravioli

Ravioli stuffed with tender Maine lobster sautéed in a sherry cream sauce topped with parmesan cheese - 17.99

Chicken Parmesan

Sautéed chicken breast coated with Italian bread crumbs then topped with marinara sauce and mozzarella cheese. Served with penne pasta - 12.99

Veal Parmesan

Fresh center cut veal slices hand breaded and baked in the oven with marinara sauce and mozzarella cheese. Served with penne pasta - 14.99

Eggplant Parmesan

Hand breaded eggplant slices baked in the oven with marinara sauce and mozzarella cheese. Served with penne pasta - 11.99

Telly's Homemade Lasagna

Layered pasta with meat and cheeses.
A house favorite - 11.99

Spaghetti & Meatballs

An Italian classic served with marinara sauce - 10.99

Chicken Cacciatore

Tender chicken sautéed in oil with fresh basil, garlic, julienne onion, green peppers, mushrooms and tomatoes tossed with penne pasta - 13.99

Baked Gnocchi

Potato gnocchi tossed with marinara and ricotta cheese. Topped with mozzarella cheese - 11.99

Tortellini Carbonara

Cheese tortellini tossed in a rich cream sauce flavored with romano cheese, chopped bacon and fresh green peas - 11.99
Add Shrimp - 3.50 Add Chicken - 2.50

Grilled Chicken and Wild Mushroom Ravioli

Chicken with mushroom ravioli sautéed with spinach and roasted red peppers tossed in an alfredo sauce - 14.99

Chicken Saltimbocca

Chicken sautéed with portobella mushrooms, layered prosciutto ham and provolone cheese, then finished in a marsala wine sauce. Served over fettuccine - 14.99

Chicken Piccata

Chicken sautéed with portobella mushrooms, capers and onions, then finished in a lemon butter sauce. Served with fettuccine - 14.99

Fruits de Mer

Fresh shrimp, scallops and black mussels sautéed with garden vegetables then deglazed in a sweet vermouth liquor cream sauce with fresh basil and garlic. Tossed with fettuccine - 17.99

Seafood Diablo

Shrimp, scallops and black mussels tossed in a spicy red sauce. Served with fettuccine - 17.99

SIDES

Jasmine Rice

Fresh Broccoli

Grilled Asparagus

Baked Potato

Red Bliss Mashed Potatoes

Grilled Vegetables

Fuji Apples

French Fries

Onions Rings

Cole Slaw

FROM THE LAND

Add your choice of a cup of our Homemade Chef's Soup or a Side Caesar or House Salad for 1.99

Charbroiled Beef Tips

A hearty serving of marinated beef tips served with red bliss mashed potatoes and roasted vegetables - 14.99

Petite Sirloin Steak

8 oz. center cut aged N.Y. sirloin served with red bliss mashed potatoes and roasted vegetables - 13.99

N.Y. Sirloin Steak

14 oz. center cut aged N.Y. sirloin served with red bliss mashed potatoes and roasted vegetables - 18.99

Italian Meatloaf

Meatloaf rolled up with sliced ham, sautéed onions, mushrooms and mozzarella cheese. Topped with a mushroom demi-glaze. Served with green peas and red bliss mashed potatoes - 11.95

Grilled Chicken Fajitas

Flame broiled fajita chicken, peppers, onion and Mexican spices. Served with flour tortillas and all the fixin's - 12.99

Steak & Coconut Shrimp Combo

Petite sirloin paired with crispy fried coconut shrimp. Served with French fries and a sweet and hot ginger sauce - 18.99

Chicken Tender Plate

Crispy chicken tenders served with French fries, cole slaw and sweet & sour sauce - 9.99

BBQ Beef Tips

A hearty serving of beef tips cooked in a hickory smoked BBQ sauce. Served with red bliss mashed potatoes and Fuji apples - 14.99

Pan Seared Sirloin

Our petite sirloin pan seared and finished with a rich demi-glaze sauce. Served with red bliss mashed potatoes and grilled asparagus - 17.99

Grilled Pork Tenderloin

Garlic and rosemary marinated pork tenderloin. Served with grilled vegetables and red bliss mashed potatoes - 15.95

FROM THE SEA

Asian Glazed Norwegian Salmon

Fresh salmon basted with our own Asian sauce. Served with jasmine rice and grilled vegetables - 14.99

Broiled Haddock

Lightly breaded with our seasoned bread crumbs. Served with jasmine rice and grilled vegetables - 13.99

Baked Stuffed Haddock

Fresh haddock stuffed with our own Ritz cracker seafood stuffing. Served with jasmine rice and grilled vegetables - 16.99

Fish & Chips

Fresh haddock battered and deep fried to a golden brown. Served with French fries, cole slaw and a jalapeño tartar sauce - 13.99

Ipswich Whole Belly Clams

Fresh clams served with French fries, cole slaw and a jalapeño tartar sauce - Market Price

Golden Fried Scallops

Served with French fries, cole slaw and a jalapeño tartar sauce - 16.99

Combination Platter

Fresh scallops and clams served with French fries, cole slaw and a jalapeño tartar sauce - 18.99

Almond Encrusted Norwegian Salmon

Norwegian Salmon crusted with almonds, black and white sesame seeds and seasoned crumbs served in a Frangelico liqueur cream sauce. Served with jasmine rice and wild mushroom ravioli - 17.99

Fisherman Platter

Scallops, Shrimp, Clams and Haddock. Served with French fries, cole slaw and a jalapeño tartar sauce - 21.99

Blackened Mahi Mahi

Pan blackened mahi topped with fire roasted pineapples, scallions and fire roasted red peppers. Served with jasmine rice - 16.95

Telly's is committed to the health and well being of our guests; Therefore, all of our seafood is fried in Canola oil that is free of trans-fatty acids and cholesterol.

SANDWICHES

All sandwiches served with French fries.

Fish Sandwich

Fresh haddock sandwich served with lettuce, tomato and a jalapeño tartar sauce - 9.99

BBQ Pork Sandwich

A southern delicacy, select pork, hand pulled so its tender and juicy. Made with our chipotle BBQ sauce - 7.99

Grilled Chicken Sandwich

Lettuce, tomato, mayo, bacon and American cheese - 7.99

Chicken Pesto Sandwich

Grilled chicken served with lettuce, tomato, Swiss cheese and a pesto mayo sauce - 7.99

BBQ Chicken Sandwich

Tender grilled chicken smothered in BBQ sauce, then topped with lettuce, tomato, bacon and pepperjack cheese - 7.99

Chicken Ranch Sandwich

Grilled chicken with hot sauce, cool ranch dressing, lettuce and tomato - 7.99

Turkey Club

Triple decker sandwich topped with bacon, lettuce, tomato and mayo - 7.99

Classic Burger

Our thick burger topped with lettuce, tomato, onion and mayo - 7.79

Bacon Burger

Topped with bacon, American cheese, lettuce, tomato and mayo - 8.99

Black & Bleu Burger

Crusted with black pepper and spices. Topped with lettuce, tomato and bleu cheese dressing - 8.50

Pepper Jack Burger

Topped with jalapeños, bacon, lettuce, tomato, bleu cheese dressing and melted pepperjack cheese - 8.50

COLD SUBS & WRAPS

Cold subs come with lettuce, tomatoes, pickles, onion and hot peppers on request.

Chicken Caesar Wrap

Chicken mixed with our own caesar salad, croutons and romano cheese - 6.75

Fresh Veggie

Tomatoes, lettuce, green peppers and Swiss cheese. Small - 3.75 Large/Wraps - 4.75

ITALIAN

Italian cold cuts, genoa salami, capicola ham, mortadella and provolone cheese topped with seasoned oil & vinegar. Small - 5.45 Large/Wraps - 6.45

Smoked Turkey

All natural smoked turkey generously sliced with provolone cheese and mayo. Small - 5.45 Large/Wraps - 6.45

Tuna Salad

Freshly prepared white albacore tuna mixed fresh daily with celery and mayo. Small - 5.75 Large/Wraps - 6.75

Roast Beef

Lean 100% USDA beef sliced thin with mayo. Small - 5.50 Large/Wraps - 6.50

Smoked Ham

Made with American cheese and mayo. Small - 5.50 Large/Wraps - 6.50

HOT SUBS

Veal Parmesan

Breaded veal smothered with marinara sauce, then topped with melted provolone cheese. Small - 6.50 Large - 7.50

Meatball Parmesan

Hearty home style meatballs smothered in marinara sauce, then topped with provolone cheese. Small - 5.75 Large - 6.75

Chicken Parmesan

Breaded chicken tenderloin smothered with marinara sauce, then topped with melted provolone cheese. Small - 5.75 Large - 6.75

Eggplant Parmesan

Breaded eggplant smothered with marinara sauce and topped with provolone cheese. Small - 5.55 Large - 6.55

Buffalo Chicken Sub

Breaded chicken tenderloin tossed in a hot sauce and served with lettuce, tomatoes and bleu cheese dressing. Small - 5.95 Large - 6.95

Chicken Tender Sub

Breaded chicken tenderloin with lettuce, tomato, onion, pickles and mayo. Small - 5.55 Large - 6.55

Chicken Kabob

Tender chicken sautéed with onion, green peppers and mushrooms. Topped with melted American cheese. Small - 5.95 Large - 6.95

B.L.T.

Bacon, lettuce, tomatoes and mayo. Small - 5.55 Large - 6.55

Steak & Cheese

100% USDA steak smothered with melted American cheese. Small - 5.95 Large - 6.95

TELLY'S ITALIAN STEAK

100% USDA steak with sautéed onion and green peppers topped off with marinara sauce and melted mozzarella cheese. Small - 6.50 Large - 7.50

Steak Bomb

100% USDA steak with sautéed mushrooms, onion, green peppers and genoa salami with melted American cheese. Small - 6.50 Large - 7.50

Hamburger Sub

100% Angus beef with lettuce, tomato, pickles, onion and mayo. Small - 5.75 Large - 6.75

Hot Vegetable

Grilled mushrooms, onions, green peppers and broccoli served with melted American cheese. Small - 4.55 Large - 5.55

Steak Tips

Marinated steak tips served with lettuce, tomato, onion, pickles and mayo. Small - 6.95 Large - 7.95

Texas Steak Tips

BBQ steak tips with bacon, grilled onion and pepperjack cheese. Small - 7.25 Large - 8.25

Smothered Steak Tips

Marinated steak tips sautéed with grilled onion, mushrooms and green peppers then topped with American cheese. Small - 6.95 Large - 7.95

PIZZA & CALZONES

Our signature brick oven cooks pizza quickly, locking in freshness and flavor.

Pizza

Small (12") - 6.75 Large (18") - 9.60
Add topping to a small pizza - .95 each
Add topping to a large pizza - 1.75

Calzone

Calzones come with marinara sauce unless otherwise specified - 7.25 Additional Toppings - .95 each

SPECIALTY PIZZAS & CALZONES

Hawaiian

Smoked ham and roasted pineapple.
Small - 8.65 Large - 12.95 Calzone - 9.15

Italian Deluxe

Alfredo sauce, broccoli and grilled chicken.
Small - 8.65 Large - 12.95 Calzone - 9.15

Veggie Deluxe

Roasted mushrooms, caramelized onion, roasted sliced green peppers, black olives and diced tomatoes.
Small - 11.50 Large - 16.75 Calzone - 12.00

Justa Fad

Basil pesto, roasted mushrooms, artichoke hearts and ricotta cheese. Small - 9.60 Large - 14.95 Calzone - 10.10

Telly's Special

Pepperoni, roasted mushrooms, caramelized onion, roasted sliced green peppers, Italian sausage and hamburger.
Small - 12.45 Large - 18.25 Calzone - 12.95

Meat Lovers

Pepperoni, smoked ham, bacon and Italian sausage.
Small - 10.55 Large - 15.95 Calzone - 10.55

South of the Border

Barbecue sauce, BBQ chicken, jalapeños and caramelized onion topped with pepperjack cheese.
Small - 9.60 Large - 15.95 Calzone - 10.10

Mexican Pizza

Grilled chicken, caramelized onion, roasted red pepper and roasted sliced green peppers topped with pepperjack cheese.
Small - 10.55 Large - 15.95 Calzone - 11.05

Buffalo Chicken

Breaded buffalo chicken and diced tomatoes topped with bleu cheese and mozzarella.
Small - 9.60 Large - 15.95 Calzone - 10.10

THE 3 CHEESE PIZZA

Our white pizza combining the tastes of mozzarella, ricotta, imported asiago, freshly diced tomatoes and minced garlic.
Small - 10.55 Large - 15.95 Calzone - 11.05

Garden Pesto

Basil pesto, artichoke hearts, diced tomatoes, fresh garlic topped with mozzarella and imported asiago cheese.
Small - 10.55 Large - 15.95 Calzone - 11.05

Greek Pizza

Fresh spinach, feta cheese, olives, garlic and diced tomatoes topped with mozzarella cheese.
Small - 10.55 Large - 15.95 Calzone - 11.05

TOPPINGS

Sauces

Pizzas come with red sauce unless otherwise specified.
Pesto Basil, Red Sauce, Alfredo Sauce, BBQ Sauce

Cheeses

Asiago (Romano), Mozzarella, Ricotta, Feta Cheese, Extra Cheese, Pepperjack Cheese, Bleu Cheese, Goat Cheese

Meats

Pepperoni, Italian Sausage, Hamburger, Prosciutto, Breaded Buffalo Chicken, Grilled Chicken, Bacon, BBQ Chicken, Smoked Ham, Anchovies, Salami

Freshly Chopped Veggies & More

Artichoke Hearts, Black Olives, Broccoli, Eggplant, Fresh Basil, Fresh Garlic, Diced Tomatoes, Jalapeño Peppers, Roasted Mushrooms, Roasted Sliced Onion, Roasted Sliced Green Peppers, Roasted Pineapple, Roasted Red Peppers, Spinach, Portobella Mushrooms, Sun Dried Tomatoes

KIDS

For children age 10 and under.

Grilled Cheese with Fries - 3.50

Hot Dog with Fries - 3.99

Pasta

Spaghetti or penne pasta served with marinara or butter sauce and one meatball - 3.99

Kid's Burger

Burger served with lettuce, tomato, mayo and fries - 4.25

Chicken Fingers

Two large chicken fingers served with fries and a side of sweet & sour sauce - 4.25

Kid's Size Pizza

Cheese or with pepperoni - 3.99

Kid's Vanilla Bean Ice Cream

Topped with chocolate sauce - 2.29
Free with purchase of any Kids Meal.

Bottomless Kid's Soda - .99

Shirley Temple - .99

Milk

White or Chocolate - 1.75

Juice - 2.00